



Compass for Girls and Boys

2019 Workshop Evaluation Results

Navigate Adolescence’s programs have proven to be very successful. For example, at our February 23, 2019, Compass program that 260 fourth, fifth, and sixth grade girls attended:

- 34% of fourth grade girls reported that they felt “very able” to handle teasing and exclusion before they attended, while 62% of girls reported that they felt “very able” to handle teasing and exclusion after attending.
- 14% of fifth grade girls reported that they felt “very able” to resolve conflicts with friends before they attended, while 54% of girls reported that they felt “very able” to resolve conflicts with friends after attending.
- 14% of sixth grade girls reported that they felt “very able” to identify personal values before they attended, while 35% reported that they felt “very able” to identify person values after attending.

At our January 12, 2019, Compass program that 86 fourth and fifth grade boys attended:

- 19% of fourth grade boys reported that they felt “very able” to recognize, name and manage their emotions before they attended, while 50% of boys reported that they felt “very able” to recognize, name and manage their emotions after attending.
- 23% of fifth grade boys reported that they felt “very able” to understand the difference between responding respectfully and reacting before they attended, while 42% of boys reported that they felt “very able” to understand the difference between responding respectfully and reacting after attending.