



Navigating Healthy Families



Things Mentally Strong 13 Parents Don't Do:

Raising Self-Assured Children and Training Their Brains for a Life of Happiness, Meaning, and Success.

7:00 p.m. Wednesday, January 29

College of DuPage, McAninch Arts Center (MAC) 425 Fawell Boulevard in Glen Ellyn

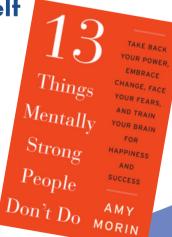


Amy Morin

Things Mentally Strong People Avoid and How You Can **Be Your Best Self**

Noon Thursday, January 30

Marguardt District #15 administration building 1860 Glen Ellyn Road in Glendale Heights







glenbardparentseries



