

Navigate Adolescence, in partnership with TriCity Family Services, and Geneva Coalition for Youth Present:



Compass for Boys

Saturday, February 5, 2022

9:00 a.m. to 12:30 p.m.

Strengthen Your Son's Social and Emotional "Compass in this Unusual Year

Compass for Boys provides a great way for 4th and 5th grade boys to enhance their social and emotional skills, including:

- Self-Awareness
- Managing Challenging Emotions
- Problem-Solving
- Developing Healthy Friendship Skills
- Becoming More Empathic
- Understanding Personal Power

This all-male-facilitated workshop consists of small group break-out sessions which include mini-lessons, activities, facilitated discussions to relate mini-lessons to current experiences, and **conversations with peers** to provide boys with the opportunity to grow, learn, and share while having fun.

Engaging discussions, stress-relieving breath and movement activities facilitated by a yoga instructor, a drawstring bag, and meaningful takeaways will all be included in this exciting morning!



Navigate Adolescence is pleased to be partnering with:



Geneva
Coalition
for Youth

with the support of Geneva CUSD 304.



Navigate Adolescence is a nonprofit organization devoted to supporting the social and emotional well-being of young people and their families.

navigateadolescence.org
info@navigateadolescence.org

Our programs are inclusive and welcoming to all

**"After attending Compass,
I now feel as if I can..."**

"... be respectful" — 4th grader

"... problem solve" — 4th Grader

"... understand empathy more" — 5th Grader

"... make new friends" — 5th Grader

Location: Your electronic device, via Zoom

This Year's Compass for Boys COST: \$15
Scholarships available for all Navigate Programs

CLICK HERE TO REGISTER

Register by 11:59 p.m. on January 28, 2022

NEW TO REGISTRATION:

List friends to virtually participate together,
or choose to make new friends and be grouped
with others seeking new friendships.