

# Personal Growth:

## What is inside of you waiting to bloom?



1. List three things you have always wanted to do, but have been afraid to try: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. List three things that you have always wanted to know more about, but haven't made the time to learn about yet: \_\_\_\_\_  
\_\_\_\_\_

3. List three places you would like to go that you have not been to yet:  
\_\_\_\_\_  
\_\_\_\_\_

4. What you wish for if a Genie granted you three wishes?  
\_\_\_\_\_  
\_\_\_\_\_

5. What is a problem you see that needs a solution?  
\_\_\_\_\_  
\_\_\_\_\_

6. You have now done some brainstorming on ideas that are laying dormant inside of you. Pick the one idea from above that you would MOST LIKE TO SEE HAPPEN, and write down three things that it would take to make it happen:  
\_\_\_\_\_  
\_\_\_\_\_

7. Now think about the three things you listed above that it would take to make your idea happen, and think of something you could do in the next week to move toward making it happen. Challenge yourself to make it happen. This is the part where your personal growth starts — Where the ideas inside of you turn into reality!  
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